Singapore to Host 2nd Annual Worlds of Healthy Flavors ASIA Conference

The conference will highlight Asian foods and food trends, with an added emphasis on health and wellness opportunities.

The 2nd Annual Worlds of Healthy Flavors ASIA conference, an educational leadership initiative by The Culinary Institute of America (CIA) and Harvard School of Public Health, will convene in Singapore on December 4-5 at the Fairmont Singapore Convention Centre. This high-level conference, in partnership with ThaiSweet and FoodScape, will bring together leaders from food service and retail, as well as from the culinary, retail, and food industries, to discuss the latest in nutrition science related to producing more healthy and delicious options for consumers.

The conference will provide a platform for important topics such as "Healthy Paths to Curb Asian Obesity," "Food Trends in the Asian Diet," and "Food Innovation in Asia." The event will feature presentations by leading experts in the field of food and nutrition, as well as interactive workshops and roundtable discussions.

Among the key highlights of the conference will be discussions on the latest research on healthy eating habits, the role of functional foods in promoting health and wellness, and the evolving landscape of Asian cuisine.

Participants will include experts such as Dr. Tsung-Jen Chen, a professor of nutrition at the National University of Singapore, who will present on the role of traditional Asian foods in promoting health.

The conference includes a series of panel discussions, workshops, and networking events aimed at fostering collaboration and exchange of ideas among leaders in the food industry.

The event also offers the opportunity to explore the vibrant culinary scene of Singapore, with a special focus on the island's rich and diverse food culture.

To register or learn more about the 2nd Annual Worlds of Healthy Flavors ASIA conference, visit the event’s official website or contact the organizers directly.