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DR CHIN PAK LIN
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DoctorPage Launches Updated iPhone App

DoctorPage, a fast-free and user-friendly e-health platform, has launched an updated version of its iPhone mobile application (app). Backed by a strong online marketing team with cutting-edge technology, the DoctorPage app is designed to be a fast and easy link between doctors and patients, and it seeks to make the healthcare system in Singapore more efficient. Since its first launch in mid-September 2012, the app has been ranked the fastest healthcare app of its kind by users in Singapore, many of whom have commented that the app is twice as responsive and intuitive as similar apps in the market. Due to its ease of usage, the highly-popular DoctorPage app was awarded a five-star rating by users in the iTunes App Store. At the same time, medical professionals in Singapore have given their seal of approval to the app as the number one mobile app they trust. The updated iPhone app allows patients to search for a doctor based on their location or specialty or location such as MRT stations, bus stops, or streets.

Nutrition Workshop

What: Eating Wisely to Improve Your Blood Lipids (2 hours)
Do you have high blood lipids and wish to lower it with a sensible diet? If so, join the Singapore Heart Foundation for an enlightening workshop where you will learn about cholesterol and the different types of fats and their influence on blood lipids, ways to reduce dietary cholesterol, saturated fat and trans fat in your diet, simple ways of incorporating healthy fats in home-prepared meals and snacks, ways to increase whole grains and dietary fibre in your diet, and how you can choose wisely when eating out.

Where: Heart Wellness Centre (HWC), Singapore Heart Foundation, 9 Biopolis Place, Junction 8 (Office Tower) #07-01
When: Saturday, January 19, 2013, 10:30am to 12:30pm
Highlights of the Workshop: A simple cooking/preparation demonstration and food tasting
Fee: $25 per pax
To Register: Call HWC at 6354-9370 or 6354-9348.

www.ezhealth.com